

## CASE STUDY

### INFORMED CONSENT

#### DISCLAIMER

- I) Respecting to the life with dignity of the child and parents.
- II) Information acquired in the case history of the child shall be kept absolutely confidential.
- III) All the treatment process including musculoskeletal stretching, strengthening of power, exercise pattern as well as electrical situation, all pattern are well understood by the child & her parents as well as is properly described to her parents and with their consideration, it is given to her.
- IV) We, 'Sadbhabana rehabilitation unit' believe in participating a non judgemental attitude, geniousness and ..... behaviour, understanding the mental condition and behaviour of the child.
- V) Treatment process is given to the child with their co-operation and we advice the children to co-operate with the treatment process and to co-ordinate with the exercise properly and to live her life with a proper living pattern as like normal child, for which "Sadbhabana" is always trying.

### General Information with family tree (Genogram)

Name- Jalandhiri Juanga

Nick Name- Jayanti

DOB- 17/04/2009

Age- 9yrs

Sex- Female

Father's Name- Brahra Juanga

Mother's Name- Sabitri Juanga

Date of Admission- 30<sup>th</sup> Sept. 2018

Chief corplain of the child- Difficulty in standing & walking without assistance after becoming 3 yrs.

H/o Present Illness- Child was apparently alright till her 3 yrs, after that she was attacking with secure cough & cold, fever & gradually she feeling unable to stand & walk and now she is difficulty in standing & walking.

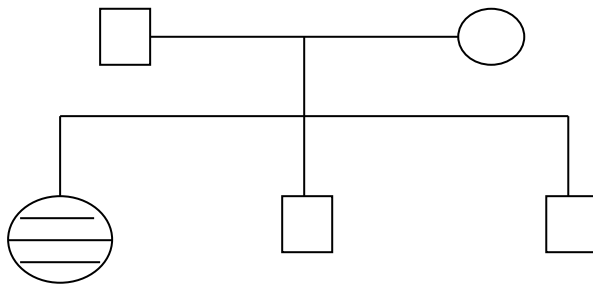
Past Illness-

Medical H/o- Child was treating at AIIMS, BBSR before 6 months.

Socio- Economic Status- Belongs to very low economic status.

Family H/o-

Genogram-



## **FUNCTIONAL PROFILE**

### 1. **SYMPTOMS:-**

Difficulty in standing & walking, Introvert sometimes affecting with seizure attack.

- Child is very calm & quite, she is introvert in nature and feeling difficulty in standing & walking & she was walking by holding sticks and now with proper treatment she is able to walk w/o sticks and can stand and walk independently.

### 2. **RISK FACTOR:-**

(Associated Condition)

- Cold weather
- Severe cold /cough
- Seizure Attack
- Learning Problem

### 3. **AGGRAVATING FACTOR / BEHAVIOURAL ISSUES)**

- She is very obedient and co-operative and obeys every command of elders as well as of therapist. She does her every exercise properly at proper time and always she tries her best to do better in everything with proper guidance.
- Her educational qualification was nil, when she was coming to the unit and after proper guidance & teaching, she is able to learn the basic educational letters and numbers like a,aa..... and 1,2,3..... Now she is admitted in primary school in standard one by Sadbhavana unit, as she was the ability to learn much more to give her life a destinable touch and a success climax.

### 4. **FAMILY HISTORY-**

Jayanti belongs to a poor/low socio economic status nuclear family. Her father's name is Brahra Juanga & her mother's name is Sabitri Juanga. She is elder among her family than her two younger brothers. There is no such family history belongs to her disease. She was suffering this disease " Post infections \_\_\_\_\_ ". When she was 3 yrs old and after that her father couldn't make her proper treatment as he belongs to low economic status, before 1 yr proper Rx was given to her by Gopabandhu Seva Sadan and after that she is admitted to Sadbhaban for her

better educational qualification and improved health issues. Now she is Rxed in Sadbhabana and taking physiotherapy in Sadbhabana for better improvement.

5. **MEDRAL/ TRAETMENT HISTORY-**

Child was treated in AIIMS, BBSR before 1 year by Gopabandhu Seva Sadan social services and now she is treated in Sadbhabana for better service.

6. **INTERVENTION**

- Some steps and processes are decided at first for her better life & gradual improvements.
- Physiotherapy, Special Education, Proper teaching pattern, as given to the child at Sadbhabana for her improved future.
- As Sadbhabana is a residential school, she remains here with a proper fooding and dressing and at first she was introvert and very calm and quiet. She didn't like to talk with others. So much and always sat silently.
- At Sadbhabana in Physiotherapy for strengthening of the man power, Strengthening ex – of l/e as well as trunk i. E B/IL Breezing, U/L breezing strengthening Ex are done for better balancing, Balancing Ex , kneeling, Italfkneeling, Reaching, push up and various ex for trunk balance and for strengthening , Electrical stimulation like faradr stimulation to etc. Are given to the child by physiotherapist.
- In Special Education, identification of number, colour, letter, word and basic educations like in order a, aa, i, ee ... , numbers like 1,2,3,4... different colour and pattern are taught her by special educator.
- Now she is going to primary school m standard or admitted by Sadbhabana group for her successful & destinable life.

7. **CHALLENGED FACED-**

- During her learning period of exercises and basic education. She felt very shy and some obstacles like falling repeatedly and couldn't maintain a position for some times.
- With proper guidance and more practice, she is gradually improving herself by maintain a position foe sometimes and learning her basic education properly.
- As she is very obedient and co-operative. So now she is able to learn her basic educational qualification and can do her all exercise pattern properly with in limited period.

8. **RESOLUTION**

- When Jalandhiri falled repeatedly at first with maintaining a position, which is a great obstacle for her, during standing & walking. At first she had started maintaining a position with support of physiotherapist and standing with support of standing frare, walking on paralles bar, steps and slider with support.
- She is gradually regain her balance and strength with support of physiotherapist by holding bars and with straps. With proper exercise pattern.

- She is able to learn her basic education by special educative, with proper guidance by teaching basic numbers, colours, rhymes, letters and some words etc.
- Now she is studying in primary U.P. school is standard one.
- If this support will be given to the child, may god bless her to achieve something in district, state and national level also.

9. **REFLECTION-**

- She is able to stand and walk w/o assistance and obey with proper guidance now.
- She is able to speak and write basic colours, words, letters like A,B,C,D....., a,aa,i, ee.... and numbers like 1,2,3,4.... etc.
- She is able to feel herself comfortable to mix with others and psychologically. She is very free and frank to say something to others.
- She is able to kneel, half kneel, push up, quadripod, sit to stand herself w/o assistance.
- She is able to walk properly with wearing foot wear, as she has some tightness of TA.
- She proves herself in some ways disability is not a very difficult word understand or to feel, but also it is a very easy and similar to ability that " this is the ability".
- May god bless to all those children who have power to prove themselves that ability in some sense like sports, dance, arts, education and that child too.
- Life is very vast and every times. It teaches us something to learn from someone. So all those child who are in a back stage of main society, sadbhabana is always trying to change their inner potential and empowerment and to make them the main stream of society.